**Review History:** March 2014, November 2018, December 2021

**Policy Statement:**

The residency program is designed and activities are monitored to ensure the educational outcomes of the program and that the welfare of the resident and the welfare of patients are not compromised. These goals are accomplished by limiting excessive reliance on residents to fulfill service obligations or resident moonlighting. The residency program complies with the 2012 Pharmacy Specific Duty Hours Requirements for the ASHP Accreditation Standards for Pharmacy Residencies.

* Duty hours are limited to 80 hours per week, averaged over a four-week period inclusive of in-house call activities and any moonlighting.
* Duty hours must not exceed 16 hours in duration.
* Residents must be scheduled for a minimum of one day free of duty in seven days (when averaged over four weeks).
* Residents should have 10 hours, and must have a minimum of eight hours, free of duty between scheduled duty periods. There is an optional 8 hour per rotation compensatory time allowed away from rotation for the PGY1 resident to use as needed. This time is discussed and agreed upon with the preceptor prior to the beginning of the rotation and documented on the Learning Experience Introduction Form assigned in each learning experience within PharmAcademic.
* Internal Moonlighting requires approval by the residency program director. Residents are not permitted to participate in external moonlighting.
* It is the residency program director and resident’s responsibility to ensure moonlighting does not violate this policy or exceed their limit to safely care for patients and complete other residency requirements.

**Level:**

**Interdependent** - asterisked [\*] items require an order from a health care practitioner licensed to prescribe medical therapy.

**Independent** – no provider order required.

**Personnel:**

A. The residency program director must educate residents and preceptors concerning their professional responsibilities to be appropriately rested and fit for duty to provide services required by the patients and health care.

B. The residency program director must educate residents and preceptors to recognize signs of fatigue and sleep deprivation, and adopt processes to manage negative effects of fatigue and sleep deprivation to ensure safe patient care and successful learning.

**Competencies/Skills:**

**Required Resources:**

**Definitions:**

**Duty hours**:

All clinical and academic activities related to the residency program; i.e., patient care (both inpatient and outpatient), administrative duties, scheduled and assigned activities, such as conferences, committee meetings, and health fairs that are required to meet the goals and objectives of the residency program.

Duty hours do not include reading, studying, and academic preparation time, such as time spent away from the patient care unit preparing for presentations or journal clubs.

**Scheduled duty periods:**

Assigned duties, regardless of setting, that are required to meet the educational goals and objectives for the residency program. These duty periods are usually assigned by the residency program director or preceptor and may encompass hours which may be within the normal work day, beyond the normal work day, or a combination of both.

**External moonlighting:** Voluntary, compensated, pharmacy-related work performed outside the institution where the resident is in training or at any of its related participating sites. These are compensated hours beyond the resident’s salary and are not part of the scheduled duty periods of the residency program.

**Internal moonlighting:** Voluntary, compensated, pharmacy-related work performed within Duke University Health System or in associated outpatient pharmacies or clinics. These are compensated hours beyond the resident’s salary and are not part of the scheduled duty periods of the residency program.

**Procedure:**

On a monthly basis the resident will complete the Duty Hour Documentation and Attestation form in PharmAcademic. Both the resident and program director will electronically acknowledge the form to attest to compliance with the duty-hours policy. The data will be saved in PharmAcademic. Non-compliance with the policy will be reported to the residency program director and/or Director of Pharmacy Education.

**REFERENCES**

**16. Authoritative Source:** DUH Pharmacy Senior Management Group/Pharmacy Residency

**Additional References:**

Duty-Hour Requirements for Pharmacy Residencies - ASHP Accreditation Standards for Pharmacy Residencies

<https://www.ashp.org/-/media/assets/professional-development/residencies/docs/duty-hour-requirements.ashx>

**Associated Policies:** Pharmacy Residency Policies are located on the Department of Pharmacy Policy & Procedure Site

**Attachment Names:** None